## EGPS PE Curriculum Map 2023-24

R     UNIT: Personal     UNIT: Social     UNIT: Cognitive     UNIT: Creative     UNIT: Physical       FMS:     FMS:     FMS:     FMS:     FMS:     FMS:     FMS:	UNIT: Health & Fitness FMS:
FMS: FMS: FMS: FMS:	FMS:
Co-ordination Footwork     Dynamic Balance to Agility     Balance On a line     Co-ordination Ball Skills     Coordination Sending and Receiving	Agility Ball Chasing
Static Balance One Leg Jumping and Landing Static Balance Stance Counter Balance With a partner Agility Reaction/Response   Static Balance Seated Static Balance Stance Static Balance Stance Static Balance Stance Static Balance Stance	Balance Floor work
Running, Jumping, Gymnastics Dance Sending and Receiving	Athletics
Throwing Dribbling, Hitting, Kicking	
UNIT: Personal FMS:     UNIT: Social FMS:     UNIT: Cognitive FMS:     UNIT: Creative FMS:     UNIT: Physical FMS:	UNIT: Health & Fitness FMS:
Co-ordination Dynamic Balance to Agility Dynamic Balance On a line Co-ordination Ball Skills Coordination Sending and Receiving	Agility Ball Chasing
Footwork Jumping and Landing Static Balance Stance Counter Balance With a partner Agility Reaction/Response	Balance Floor work
Static Balance One Leg Static Balance Seated	
Gymnastics Dance Sending and Receiving	Athletics
Running, Jumping, Dribbling, Hitting, Kicking   Throwing Image: Comparison of the second secon	
2 UNIT: Personal UNIT: Social UNIT: Cognitive UNIT: Creative UNIT: Creative UNIT: Physical	UNIT: Health & Fitness
FMS: FMS: FMS: FMS:	FMS:
Co-ordination Footwork     Dynamic Balance to Agility     Dynamic Balance On a line     Co-ordination Ball Skills     Coordination Sending and Receiving	Agility Ball Chasing
Static Balance One Leg Jumping and Landing Static Balance Stance Counter Balance With a partner Agility Reaction/Response	Static Balance Floor Work
Running, Jumping, Static Balance Seated	Athlatics
Throwing     Dribbling, Hitting, Kicking     Gymnastics     Dance     Sending and Receiving       UNIT: Descended     UNIT: Compiling     UNIT: Compiling     UNIT: Compiling	Athletics
3 UNIT: Personal UNIT: Social UNIT: Cognitive UNIT: Creative UNIT: Physical   FMS: FMS: FMS: FMS: FMS: FMS:	UNIT: Health & Fitness FMS:
Co-ordination Footwork     Balance Seated     Balance On a line     Co-ordination Sending & Receiving     Agility Reaction & Response	Agility Ball Chasing
Static Balance One Leg     Agility Jumping &     Co-ordination Ball Skills     Counter Balance With     Static Balance Floorwork	Static Balance Stance
Athletics Landing a partner   Invasion Games- Endball Invasion Games-Basketball Gymnastics/Dance Net Wall Games	Investor Comes
Invasion Games- Endball     Invasion Games-Basketball     Gymnastics/Dance     Net Wall Games     Striking and Fielding       4     UNIT: Personal     UNIT: Social     UNIT: Cognitive     UNIT: Creative     UNIT: Physical	Invasion Games UNIT: Health & Fitness
FMS: FMS: FMS: FMS: FMS:	FMS:
Co-ordination Footwork Balance Seated Balance On a line Co-ordination Sending & Receiving Agility Reaction & Response	Agility Ball Chasing
Balance One Leg Agility Jumping & Co-ordination Ball Skills Balance With a partner Balance Floorwork	Balance Stance
Athletics Landing	
Invasion Games- Endball Invasion Games-Basketball Gymnastics/Dance Net Wall Games Striking and Fielding	Invasion Games
5 UNIT: UNIT: Cognitive UNIT: Creative UNIT: Physical	UNIT: Health & Fitness
Personal Social FMS: FMS:	FMS:
FMS: FMS: Balance One leg	Agility Ball Chasing
Agility Reaction/Response Dynamic Balance On a line Co-ordination Footwork Balance Seated/ Floor Work Agility Jumping &	Co-ordination Sending &
Co-ordination Ball Skills   Counter Balance With a partner   Static Balance Stance   Ianding.     Athletics   Invasion Games-   Net Wall Games   Ianding.	Receiving
Athletics Invasion Games- Net Wall Games   Invasion Games - Netball Basketball Gymnastics/Dance	
	Invasion Games
6 UNIT: UNIT: Cognitive UNIT: Cognitive UNIT: Creative FMS: UNIT: Physical	UNIT: Health & Fitness
Personal Social FMS:	FMS:
FMS: FMS: Balance Seated/ Floor Work Balance One leg	Agility Ball Chasing
Agility Reaction/Response   Dynamic Balance On a line   Co-ordination Footwork   Agility Jumping &	Co-ordination Sending &
Co-ordination Ball Skills     Counter Balance With a partner     Static Balance Stance     Net Wall Games     landing.	Receiving
Athletics Invasion Games - Gympastics/Dance Striking and Fielding	Invasion Games
Invasion Games - Netball Basketball Gymnastics/Dance Striking and Fielding	invasion dames

\*FMS – Fundamental Movement Skills