EGPS PE Curriculum Map 2023-24

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R UNIT: Personal	UNIT: Social	UNIT: Cognitive	UNIT: Creative	UNIT: Physical	UNIT: Health & Fitness
FMS:	FMS:	FMS:	FMS:	FMS:	FMS:
Co-ordination Footwork	Dynamic Balance to Agility	Balance On a line	Co-ordination Ball Skills	Coordination Sending and Receiving	Agility Ball Chasing
Static Balance One Leg	Jumping and Landing	Static Balance Stance	Counter Balance With a partner	Agility Reaction/Response	Balance Floor work
	Static Balance Seated				
Running, Jumping,	Balling and a restrict	Gymnastics	Dance	Sending and Receiving	Athletics
Throwing	Dribbling, Hitting, Kicking				
1 UNIT: Personal	UNIT: Social	UNIT: Cognitive	UNIT: Creative	UNIT: Physical	UNIT: Health & Fitness
FMS:	FMS:	FMS:	FMS:	FMS:	FMS:
Co-ordination	Dynamic Balance to Agility	Dynamic Balance On a line	Co-ordination Ball Skills	Coordination Sending and Receiving	Agility Ball Chasing
Footwork	Jumping and Landing	Static Balance Stance	Counter Balance With a partner	Agility Reaction/Response	Balance Floor work
Static Balance One Leg	Static Balance Seated				
		Gymnastics	Dance	Sending and Receiving	Athletics
Running, Jumping,	Dribbling, Hitting, Kicking				
Throwing	1111T C 11	WINT C. W.	LINET OF STREET	LINE OF THE PARTY	NAME OF THE OFFICE OFFI
2 UNIT: Personal	UNIT: Social	UNIT: Cognitive	UNIT: Creative	UNIT: Physical	UNIT: Health & Fitness
FMS:	FMS:	FMS: Dvnamic Balance On a line	FMS:	FMS: Coordination Sending and Receiving	FMS:
Co-ordination Footwork Static Balance One Leg	Dynamic Balance to Agility Jumping and Landing	Static Balance Stance	Co-ordination Ball Skills Counter Balance With a partner	Agility Reaction/Response	Agility Ball Chasing Static Balance Floor Work
Running, Jumping,	Static Balance Seated	Static balance Stance	Counter balance with a partiler	Agility Reaction/ Response	Static Balance Floor Work
Throwing	Dribbling, Hitting, Kicking	Gymnastics	Dance	Sending and Receiving	Athletics
3 UNIT: Personal	UNIT: Social	UNIT: Cognitive	UNIT: Creative	UNIT: Physical	UNIT: Health & Fitness
FMS:	FMS:	FMS:	FMS:	FMS:	FMS:
Co-ordination Footwork	Balance Seated	Balance On a line	Co-ordination Sending & Receiving	Agility Reaction & Response	Agility Ball Chasing
Static Balance One Leg	Agility Jumping &	Co-ordination Ball Skills	Counter Balance With	Static Balance Floorwork	Static Balance Stance
Athletics	Landing		a partner		
Invasion Games- Endball	Invasion Games-Basketball	Gymnastics/Dance	Net Wall Games	Outdoor Adventurous	Striking and Fielding
				Activities	
4 UNIT: Personal	UNIT: Social	UNIT: Cognitive	UNIT: Creative	UNIT: Physical	UNIT: Health & Fitness
FMS:	FMS:	FMS:	FMS:	FMS:	FMS:
Co-ordination Footwork	Balance Seated	Balance On a line	Co-ordination Sending & Receiving	Agility Reaction & Response	Agility Ball Chasing
Balance One Leg	Agility Jumping &	Co-ordination Ball Skills	Balance With a partner	Balance Floorwork	Balance Stance
Athletics Invasion Games- Endball	Landing Invasion Games-Basketball	Gymnastics/Dance	Net Wall Games	Outdoor Adventurous	Striking and Fielding
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5 UNIT:	UNIT:	UNIT: Cognitive	UNIT: Creative	UNIT: Physical	UNIT: Health & Fitness
Personal	Social		FMS:	FMS:	FMS:
FMS:	FMS:	FMS:		Balance One leg	Agility Ball Chasing
Agility Reaction/Response	Dynamic Balance On a line	Co-ordination Footwork	Balance Seated/ Floor Work	Agility Jumping &	Co-ordination Sending &
Co-ordination Ball Skills	Counter Balance With a partner	Static Balance Stance		landing.	Receiving
Athletics	Invasion Games-		Net Wall Games		
Invasion Games - Netball	Basketball	Gymnastics/Dance		Outdoor Adventurous Activities	
					Striking and Fielding
6 UNIT:	UNIT:	UNIT: Cognitive	UNIT: Creative FMS:	UNIT: Physical	UNIT: Health & Fitness
Personal ENG.	Social	ENAC	Release Sected / Floor Maril	FMS:	FMS:
FMS: Agility Reaction/Response	FMS:	FMS:	Balance Seated/ Floor Work	Balance One leg	Agility Ball Chasing Co-ordination Sending &
Co-ordination Ball Skills	Dynamic Balance On a line Counter Balance With a partner	Co-ordination Footwork Static Balance Stance	Net Wall Games	Agility Jumping & landing.	Receiving
Athletics	Invasion Games -	Static Balance Stance	Net Wall Gallies	ianulig.	Wecelalis
Invasion Games - Netball	Basketball	Gymnastics/Dance		Outdoor Adventurous Activities	Striking and Fielding
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