



PEDPASS at EGPS

Physical Education, Daily physical Activity and School Sport



National Curriculum

Key Stage 1

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key Stage 2

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Key points

- 2 hours is not compulsory but good practise.
- **Physically literate: motivated to move, confident to move, competent to move.**
- **National Curriculum 4 areas: competitive, motor competence (FMS), health, physically active.**
- **Assessment: Not compulsory. Hannah Miller Ofsted's subject lead for PE.**
- **6 areas: Dance, athletics, gymnastics, swimming, OAA (outdoor adventurous activities), games**
- **Balanced approach to games: invasion games, striking and fielding, net/wall and target games.**
- **Daily recommendations of physical activity: 3-5yo 3 hours, 6-16yo one hour.**

Our PE Curriculum



Units: 1 per half term

1. Personal
2. Social
3. Cognitive
4. Creative
5. Health and Fitness
6. Applying Physical

Skills 2 per half term

- 1 leg balance
- Counterbalance
- Dynamic balance
- Seated balance
- Stance
- Floorwork
- Jumping and landing
- Footwork
- Ball skills
- Sending and receiving
- Ball chasing
- Reaction and Response

Fundamental movement skills

1. Balance
2. Co-ordination
3. Agility

£19,720
2023-2024
2024-2025

PE and Sports Premium

Key Indicators

1. Engage all pupils in regular physical activity (60 mins daily, 30mins at school).
2. Raise profile of PE.
3. Increase knowledge, confidence and skills of staff in teaching PE.
4. Broader experience of range of sports.
5. Increase participation of competitive sports.

- Our spending report is published on website at the end of each term.
- Review at the end of each year to plan for the next year.
- Can't be used for cover, cant carry over.

Other opportunities

- Daily lunchtime clubs x2
- Morning clubs: gymnastics
- Daily after school clubs: Callum Monday to Friday. Mike Monday - Wednesday
- Competitions: Thursday and Friday where possible.
- Skills Academy opportunities
- Top-up swimming
- Forest School



Google Classroom photos



Get Set 4 Education

Schemes of work available for all sports and games. We are using it as a starting point and adapting to suit our school/classes. LO and SC available for each lesson.

Assessment

- Cornerstones completed annually
- EGPS Assessment: Shared drive, PE, 2023-2024, Class.
- Completed half termly. Core judgment: B (below), E (expected), A (above)
- Real PE: Skill focus. EYFS and KS1 yellow and green. LKS2 Red. UKS2 Blue. Pink and black challenge.