# Dear Parent,

Unfortunately, we have been notified that there has been a confirmed case of COVID-19 within the school.

We have followed national guidance and have identified children and staff who have been in close contact, and they are now self-isolating. We have also undertaken appropriate cleaning within the school and continue to take all measures needed to keep our school community safe.

Your child has not been identified as a close contact.

We are writing to keep you informed of the situation, and just to let you know what to do if you or your child do develop symptoms of COVID-19

# What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home and you should organise a test. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119. Household contacts should self-isolate also.

If the test delivers a negative result, your child must remain in isolation for the remainder of the 14-day isolation period. This is because they could still develop the coronavirus (COVID-19) within the remaining days. Household contacts can stop isolating as long as they are well.

If the test result is positive, you are asked to inform the school immediately, and your child must isolate for at least 10 days (and until well and have not had a high temperature for 48 hours) from the onset of their symptoms (which could mean the self-isolation ends before or after the original 14-day isolation period). Household contacts should self-isolate for at least 14 days from when your child first had symptoms, following <u>'stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection</u>

Further guidance is available on testing and tracing for coronavirus (COVID-19).

# Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

# For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u> or by phoning 111.

# How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely,

Ian Taylor Headteacher