

**PE Scheme of work 2019-20**

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| Year Group | Autumn 1  7 weeks | Autumn 2  8 weeks | Spring 1  6 weeks | Spring 2  7 weeks | Summer 1  4 weeks | Summer 2  7 weeks |
| Reception | Games Activities | Gymnastics | Sending & Receiving | Dance | Athletics | Dribbling, Hitting, Kicking |
| 1 | Games Activities  Invasion Games | Gymnastics  Multi Skills | Sending & Receiving  Dribbling, Hitting, Kicking | Dance  Running/Jumping/Throwing | Hand Eye Co-ordination  Team Competitions | Athletics  Agility/Balance/  Co-ordination |
| 2 | Games Activities  Invasion Games | Gymnastics  Multi Skills | Sending & Receiving  Dribbling, Hitting, Kicking | Dance  Running/Jumping/Throwing | Hand Eye Co-ordination  Team Competitions | Athletics  Agility/Balance/  Co-ordination |
| 3 | Endball  Tag Rugby | Tri Golf  Netball | Gymnastics  Dance | Quad Kids  Tennis | Rounders  Basketball | Cricket  Sports Day Practice |
| 4 | Endball  Tag Rugby | Tri Golf  Basketball | Gymnastics  Dance | Quad Kids  Tennis | Cricket  Netball | Tag Rugby (Engage)  Sports Day Practice |
| 5 | Sports Hall Athletics  Basketball | Hockey  Netball | Gymnastics  Dance | Tennis  Gym | Rounders  Cricket | Athletics  Tag Rugby |
| 6 | Sports Hall Athletics  Basketball | Hockey  Netball | Gymnastics  Dance | Tennis  Gym | Rounders  Cricket | Athletics  Tag Rugby |